



HURON HOUSE

WINTER BULLETIN 2023

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How you can help

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MERRY CHRISTMAS

and Happy New Year



In 2023 we'd like to ask for your support in ensuring the continued operation of Huron House. As a vital resource in our community, since 2012, the government has continued to reduce funding for specialized programs run at Huron House.

Your generous donations will help us maintain our services and make a lasting impact on the lives of youth who rely on us. With your support, we can continue to provide essential services and support to individuals and families in our community.

Together, we can make a difference and ensure the sustainability of Huron House. help us keep our doors open and our services accessible to all. Thank you for your generosity and commitment.





Jim Foubister Room

Thirty years ago, Jim Foubister decided to join the Board of Directors at Huron House. He has spent many years dedicated to serving on this board, assisting them in steering our 'boat' in the right direction. He has held every position on the board allowing him to provide much experience and knowledge to those who have come and gone over the years.

At the last board meeting it was decided that the room they have been

meeting in all these years would be named after him.

The JIM FOUBISTER ROOM will allow him and his unwavering commitment to youth who need assistance, to never be forgotten.

Jim, we thank you so much for the hundreds of board meetings you took your responsibility to heart. You are a true testament of someone who gives deeply and we will remember this always.



Save the Date!

Mark your calendars for our 2024 Run Walk event that is scheduled for June 16, 2024

Community Notes and Appreciation

THERAPY GARDEN

We are thrilled to share some exciting news with you. **The Heinz Family Foundation** has generously donated funds to support the development and enhancement of our brand new therapy garden. We are incredibly grateful for their support and the impact it will have on the well-being of our participants.

With this donation, we can create a vibrant and inclusive therapy garden that will serve as a nurturing space for our youth. The therapy garden will provide a sensory-rich environment, incorporating colourful flowers, aromatic herbs, and textured plants. These



features will engage the senses and offer our youth a calming and therapeutic experience.

In addition to the therapeutic benefits, the therapy garden will offer opportunities for skill-building and empowerment. Our participants will have the chance to learn about gardening techniques, sustainability practices, and the importance of environmental stewardship. They will actively contribute to the maintenance and care of the garden, fostering a sense of responsibility and pride in their accomplishments.



We so appreciate the support of Canada Post Foundation and their donation that will be used for basketball equipment.

We were also chosen by Sarnia Sting Community Funds—Sting Assists to receive a generous donation. We are so thankful!!



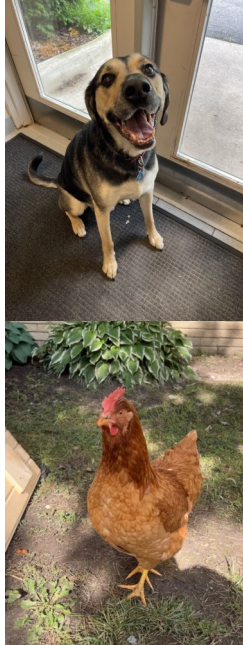


Animal Therapy at Huron House

We are excited to share our incredible progress this year in our animal therapy programs. As part of our commitment to providing holistic and innovative support for the youth in our community, we introduced two new programs: chicken therapy and dog therapy.

Through our dog therapy program, we have partnered with Jack, a certified therapy dog, who visits our center twice weekly. Jack's gentle and friendly nature has brought immense joy and comfort to our young participants. The interactions with Jack have proven to be a valuable source of emotional support, helping the youth build trust, reduce anxiety, and enhance their overall well-being.

Our chicken therapy program has also provided our participants with a unique and enriching experience. Interacting with chickens allows the youth to develop a sense of responsibility, empathy, and



compassion. Caring for the chickens, feeding them, and observing their behaviour fosters a deeper connection with nature and instills a sense of pride in the youth.

We have witnessed the positive impact of these animal therapy programs firsthand. The youth have demonstrated increased self-confidence, improved emotional regulation, and enhanced social skills. The presence of Jack and the chickens has created a nurturing and calming environment where our young participants feel safe to express themselves and form meaningful connections.

We are immensely grateful for the support we have received from our community in making these programs possible. Through your generosity, we can continue to provide these transformative experiences for the youth.

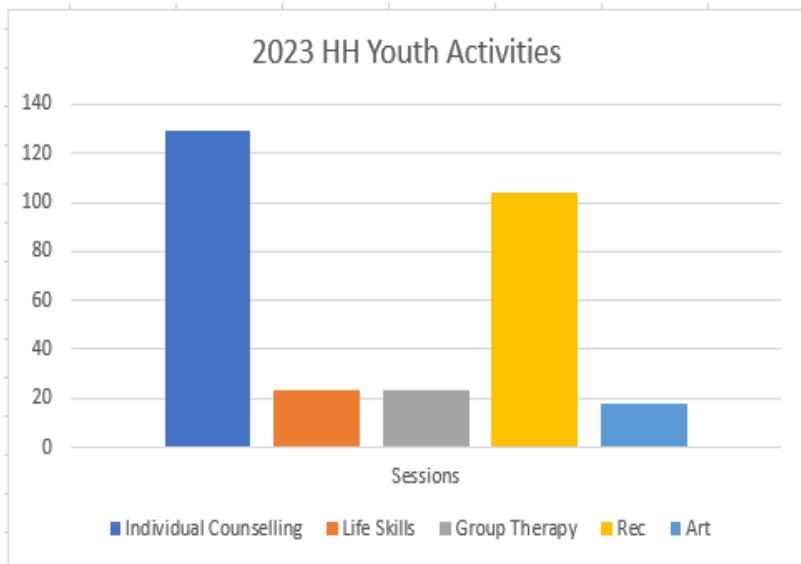
Facts you may not know

In 2023

We employ 42 staff doing many different jobs:

Cooks	Child & Youth Workers	Nurses	Psychotherapists
Accounting	Maintenance	Social Workers	Recreation Therapist

Our Staff are trained and dedicated to our youth, ensuring that their needs are met and cared for and they are being guided to learn the skills to be their best selves.



We:

- Received 115 Referrals from across Ontario.
- Served 20 youth
- Due to lack of funding we can only serve 25% of our communities' needs

COMING SOON:

- Stem Lab
- Autism Specialist
- Indoor Pickleball



Success Story from the Executive Director



Dear Huron House Community,

I would like to share a success story with you that has us very excited.

Hank (name is changed for privacy) a young 12 year old boy, living with his grandparents came to us with high behaviour episodes, to the point of causing harm to himself and others. He loved the property and the opportunities that HH offered and he bought into the program. Despite at times being the

youngest boy he was able to hold his own. Evenings he would often be found asleep on the living room couch with his blanket and stuffed animals.

Hank worked his way through the program starting with the basic program and worked his way to the Independent Living Program on our second floor. He has worked hard on himself through counselling, therapeutic and life skills groups, peer relations and anger management just to name a few.

Over the past 5 years we have had the privilege to witness and assist this troubled young boy grow into a young man of honour and opportunities.

One of our 'babies' is ready to leave the nest and we couldn't be more proud of the young man he has become. We will miss him dearly but know that this relationship is not over, it has just matured.

Would you like to help us make more success stories? Please consider giving.

Brett Gatt

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All donations are collected by the Huron House Boys' Home Foundation and provided to Youth Services of Lambton County (o/a Huron House Boys' Home) as needed.

Tax receipts will be issued for all donations over \$20.

Yes, I would like to support youth mental health!

Please accept my gift to Huron House Boys' Home in the amount of:

\$50 \$100 \$250 \$500 \$ _____

Name: _____ Address: _____

City, Province: _____ Postal Code: _____

Email: _____ Phone: _____

Please add me to the Huron House Boys' Home electronic mailing list for updates on news, events, and needs

All cheques should be made payable to Huron House Boys' Home.

Credit card donations:

Cardholder Name: _____

Card #: _____ Expiration: _____
CVV: _____

I want to make this a monthly gift!

Credit card donations can also be made securely online at hhbh.ca/how-to-support/donate/